Teaching staff		Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	S. Loomes	Game Skills	Game Skills	Invasion Games	Football / Hockey	Football / Hockey	Football / Hockey
		-Participate in team games -Pass and receive a ball under no	-Understand how to win and lose	-Understanding of various invasive games (Hockey, Netball, Handball)	-Basic understanding of skills required	-Use attacking and defending with confidence and control	-Use attacking and defending with confidence and control
		pressure	-Pass and receive a ball under	-Perform attacking and defending principles in games	-Understand how to attack and defend effectively	-Play competitive games	-Play competitive games
		-Develop a range of skills with a ball	-Understand and develop	8	-Understand the rules of the game	-Work effectively as a team	-Work effectively as a team
			attacking and defending roles				-Learn to control and referee games
	Class teacher	Gymnastics	Gymnastics	Swimming	Dance	Dance	Dance
		-Travelling , rolling	-Travelling , rolling	-Swim competently, confidently and proficiently over a distance of at least 25 metres	-Perform dances using arrange of movement patterns.	-Perform dances using a range of movement patterns	-Perform dances using a range of movement patterns.
		-Agility, balance, coordination	-Agility, balance, coordination	-Use a range of strokes effectively	-Compare performances with	-Compare performances with	-Compare their performances with
				-Perform safe self-rescue in different water-based situations.	previous ones	previous ones and demonstrate improvements to achieve a personal best	previous ones and demonstrate improvement to achieve their personal best.
Autumn 2	S. Loomes	Multi-skills	Multi-skills	Invasion Games	Basketball / Netball	Basketball / Netball	Basketball / Netball
/\ddatailu Z		-Develop agility, balance and co-	-Develop agility, balance and	-Understanding of various invasive games	-Develop the technique of the 3	-Decision making on when and how	-Decision making on when and how
		ordination	co-ordination	(Hockey, Netball, Handball)	passes	to perform different passes	to perform different passes
				-Perform attacking and defending principles in games	-Understand the rules of the game	-Understand the positions of the game	-Understand the positions of the game
					-Experience the positions		-Learn to control and referee
	Class teacher	Dance	Dance	Swimming	Gymnastics	Gymnastics	Gymnastics
		- Perform dances using simple movement patterns.	- Perform dances using simple movement patterns.	-Swim competently, confidently and proficiently over a distance of at least 25 metres	-Develop flexibility, strength, technique, control and balance	-Develop flexibility, strength, technique, control and balance	-Develop flexibility, strength, technique, control and balance.
		-Remember and repeat simple	-Remember and repeat simple	-Use a range of strokes effectively		through Pilates and Gymnastics.	- Compare their performances with
		dance phrases.	dance phrases. -Toys/ Healthy me	-Perform safe self-rescue in different water-based			previous ones and demonstrate improvement to achieve their
		-Hiphop		situations.			personal best
Spring 1	S. Loomes	Game Skills	Game Skills	Invasion Games	Basketball / Netball	Basketball / Netball	Basketball / Netball
		-Participate in team games -Pass and receive a ball under no	-Understand how to win and lose	-Understanding a range of invasive games (Hockey, Netball, Handball)	-Develop the technique of the 3 passes	-Decision making on when and how to perform different passes	Decision making on when and how to perform different passes
		pressure	-Pass and receive a ball under	-Perform attacking and defending principles in games	-Understand the rules of the game	-Understand the positions of the game	-Understand the positions of the game
		-Develop a range of skills with a ball	-Understand and develop attacking and defending roles		-Experience the positions		-Learn to control and referee
	Class teacher	Gymnastics	Gymnastics	Competitive games	Swimming	Dance	Dance
		-Apparatus, sequence	-Apparatus, sequence	Play competitive games, modified where appropriate (badminton, basketball football) and	-Swim competently, confidently and proficiently over a distance of	-Perform dances using a range of movement patterns.	-Perform dances using a range of movement patterns.
		-Agility, balance, coordination	-Agility, balance, coordination	apply basic principles suitable for attacking and defending.	at least 25 metres -Use a range of strokes effectively	-Compare performances with previous ones and demonstrate improvement to achieve a personal	-Compare their performances with previous ones and demonstrate improvement to achieve their

					-Perform safe self-rescue in different water-based situations.	best	personal best.
Spring 2	S. Loomes Class teacher	Multi-skills -Develop agility, balance and coordination Dance - Perform dances using simple movement patterns. -Remember and repeat simple dance phrases. -Fairy tales	Multi-skills -Develop agility, balance and co-ordination Dance - Perform dances using simple movement patterns. -Remember and repeat simple dance phrases. -Great Fire of London/ Disco	Striking / Net Games -Understanding of a range of striking and net games (Tennis, Cricket, Rounder's) -Use skills effectively in each Gymnastics Develop flexibility, strength, technique, control and balance.	Football / Hockey -Basic understanding of skills required -Understand how to attack and defend effectively -Understand the rules of the game Swimming -Swim competently, confidently and proficiently over a distance of at least 25 metres -Use a range of strokes effectively -Perform safe self-rescue in	Football / Hockey -Use attacking and defending with confidence and control -Play competitive games -Work effectively as a team Gymnastics -Develop flexibility, strength, technique, control and balance through Pilates and gymnastics	Football / Hockey -Use attacking and defending with confidence and control -Play competitive games -Work effectively as a team -Learn to control and referee games OAA -Take part in outdoor and adventurous activity challenges both individually and within a team.
	S. Loomes	Game Skills	Game Skills	Striking / Net Games	different water-based situations. Cricket / Tennis / Rounders	Cricket / Tennis / Rounders	Cricket / Tennis / Rounders
Summer I		-Participate in team games -Pass and receive a ball under no pressure -Develop a range of skills with a ball	-Understand how to win and lose -Pass and receive a ball under pressure -Understand and develop attacking and defending roles	-Understanding of a range of striking and net games (Tennis, Cricket, Rounder's) -Use skills effectively in each	-Have control in using bats and rackets to perform skills -Understand the role of fielding and awareness of space	 Increased control over a bat and racket Understand the roles of each game Use skills built up to be an affective player 	-Increased control over a bat and racket -Understand the roles of each game -Use skills built up to be an affective player -Learn how to score and umpire games
	Class teacher	Gymnastics -Travelling , rolling -Agility, balance, coordination	Striking and fielding (rounders) -Catching, throwing, fielding, striking	Dance perform dances using a range of movement patterns	OAA -Take part in outdoor and adventurous activity challenges both individually and within a team	Swimming -Swim competently, confidently and proficiently over a distance of at least 25 metres -Use a range of strokes effectively -Perform safe self-rescue in different water-based situations.	Athletics -Use running, jumping, throwing and catching in isolation and in combination
Summer 2	S. Loomes	Multi-skills -Develop agility, balance and co- ordination	Multi-skills -Develop agility, balance and co-ordination	Striking / Net Games -Understanding of a range of striking and net games (Tennis, Cricket, Rounder's) -Use skills effectively in each	Cricket / Tennis / Rounders -Have control in using bats and rackets to perform skills -Understand the role of fielding and awareness of space	Cricket / Tennis / Rounders -Increased control over a bat and racket -Understand the roles of each game -Use skills built up to be an affective player	Cricket / Tennis / Rounders -Increased control over a bat and racket -Understand the roles of each game -Use skills built up to be an affective player -Learn how to score and umpire games
		Dance - Perform dances using simple	Athletics	Athletics use running, jumping, throwing and catching in	Athletics Use running, jumping, throwing	Swimming -Swim competently, confidently and	proficiently over a distance of at least

movement patterns.	-Agility, balance, coordination	isolation and in combination.	and catching in isolation and in	25 metres
			combination	
-Remember and repeat simple	-Running, throwing, jumping	compare their performances with previous ones		-Use a range of strokes effectively
dance phrases.		and demonstrate improvement to achieve their	Compare their performances with	
	-Competition	personal best.	previous ones and demonstrate	-Perform safe self-rescue in different water-based situations.
-Animals			improvement to achieve their	
			personal best.	OAA- Hill tops
Athletics – Sports day				