

Teaching staff		Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	S. Loomes	Game Skills -Participate in team games -Pass and receive a ball under no pressure -Develop a range of skills with a ball	Game Skills -Understand how to win and lose -Pass and receive a ball under pressure -Understand and develop attacking and defending roles	Invasion Games -Understanding of various invasive games (Hockey, Netball, Handball) -Perform attacking and defending principles in games	Football / Hockey -Basic understanding of skills required -Understand how to attack and defend effectively -Understand the rules of the game	Football / Hockey -Use attacking and defending with confidence and control -Play competitive games -Work effectively as a team	Football / Hockey -Use attacking and defending with confidence and control -Play competitive games -Work effectively as a team -Learn to control and referee games
	Class teacher	Gymnastics -Travelling , rolling -Agility, balance, coordination	Gymnastics -Travelling , rolling -Agility, balance, coordination	Swimming -Swim competently, confidently and proficiently over a distance of at least 25 metres -Use a range of strokes effectively -Perform safe self-rescue in different water-based situations.	Dance -Perform dances using arrange of movement patterns. -Compare performances with previous ones	Dance -Perform dances using a range of movement patterns -Compare performances with previous ones and demonstrate improvements to achieve a personal best	Dance -Perform dances using a range of movement patterns. -Compare their performances with previous ones and demonstrate improvement to achieve their personal best.
Autumn 2	S. Loomes	Multi-skills -Develop agility, balance and co-ordination	Multi-skills -Develop agility, balance and co-ordination	Invasion Games -Understanding of various invasive games (Hockey, Netball, Handball) -Perform attacking and defending principles in games	Basketball / Netball -Develop the technique of the 3 passes -Understand the rules of the game -Experience the positions	Basketball / Netball -Decision making on when and how to perform different passes -Understand the positions of the game	Basketball / Netball -Decision making on when and how to perform different passes -Understand the positions of the game -Learn to control and referee games
	Class teacher	Dance - Perform dances using simple movement patterns. -Remember and repeat simple dance phrases. -Hiphop	Dance - Perform dances using simple movement patterns. -Remember and repeat simple dance phrases. -Toys/ Healthy me	Swimming -Swim competently, confidently and proficiently over a distance of at least 25 metres -Use a range of strokes effectively -Perform safe self-rescue in different water-based situations.	Gymnastics -Develop flexibility, strength, technique, control and balance	Gymnastics -Develop flexibility, strength, technique, control and balance through Pilates and Gymnastics.	Gymnastics -Develop flexibility, strength, technique, control and balance. - Compare their performances with previous ones and demonstrate improvement to achieve their personal best
Spring 1	S. Loomes	Game Skills -Participate in team games -Pass and receive a ball under no pressure -Develop a range of skills with a ball	Game Skills -Understand how to win and lose -Pass and receive a ball under pressure -Understand and develop attacking and defending roles	Invasion Games -Understanding a range of invasive games (Hockey, Netball, Handball) -Perform attacking and defending principles in games	Basketball / Netball -Develop the technique of the 3 passes -Understand the rules of the game -Experience the positions	Basketball / Netball -Decision making on when and how to perform different passes -Understand the positions of the game	Basketball / Netball -Decision making on when and how to perform different passes -Understand the positions of the game -Learn to control and referee games
	Class teacher	Gymnastics -Apparatus, sequence -Agility, balance, coordination	Gymnastics -Apparatus, sequence -Agility, balance, coordination	Competitive games Play competitive games, modified where appropriate (badminton, basketball football) and apply basic principles suitable for attacking and defending.	Swimming -Swim competently, confidently and proficiently over a distance of at least 25 metres -Use a range of strokes effectively	Dance -Perform dances using a range of movement patterns. -Compare performances with previous ones and demonstrate improvement to achieve a personal	Dance -Perform dances using a range of movement patterns. -Compare their performances with previous ones and demonstrate improvement to achieve their

					-Perform safe self-rescue in different water-based situations.	best	personal best.
Spring 2	S. Loomes	Multi-skills -Develop agility, balance and co-ordination	Multi-skills -Develop agility, balance and co-ordination	Striking / Net Games -Understanding of a range of striking and net games (Tennis, Cricket, Rounder's) -Use skills effectively in each	Football / Hockey -Basic understanding of skills required -Understand how to attack and defend effectively -Understand the rules of the game	Football / Hockey -Use attacking and defending with confidence and control -Play competitive games -Work effectively as a team	Football / Hockey -Use attacking and defending with confidence and control -Play competitive games -Work effectively as a team -Learn to control and referee games
	Class teacher	Dance - Perform dances using simple movement patterns. -Remember and repeat simple dance phrases. -Fairy tales	Dance - Perform dances using simple movement patterns. -Remember and repeat simple dance phrases. -Great Fire of London/ Disco	Gymnastics Develop flexibility, strength, technique, control and balance.	Swimming -Swim competently, confidently and proficiently over a distance of at least 25 metres -Use a range of strokes effectively -Perform safe self-rescue in different water-based situations.	Gymnastics -Develop flexibility, strength, technique, control and balance through Pilates and gymnastics	OAA -Take part in outdoor and adventurous activity challenges both individually and within a team.
Summer 1	S. Loomes	Game Skills -Participate in team games -Pass and receive a ball under no pressure -Develop a range of skills with a ball	Game Skills -Understand how to win and lose -Pass and receive a ball under pressure -Understand and develop attacking and defending roles	Striking / Net Games -Understanding of a range of striking and net games (Tennis, Cricket, Rounder's) -Use skills effectively in each	Cricket / Tennis / Rounders -Have control in using bats and rackets to perform skills -Understand the role of fielding and awareness of space	Cricket / Tennis / Rounders -Increased control over a bat and racket -Understand the roles of each game -Use skills built up to be an affective player	Cricket / Tennis / Rounders -Increased control over a bat and racket -Understand the roles of each game -Use skills built up to be an affective player -Learn how to score and umpire games
	Class teacher	Gymnastics -Travelling , rolling -Agility, balance, coordination	Striking and fielding (rounders) -Catching, throwing, fielding, striking	Dance perform dances using a range of movement patterns	OAA -Take part in outdoor and adventurous activity challenges both individually and within a team	Swimming -Swim competently, confidently and proficiently over a distance of at least 25 metres -Use a range of strokes effectively -Perform safe self-rescue in different water-based situations.	Athletics -Use running, jumping, throwing and catching in isolation and in combination
Summer 2	S. Loomes	Multi-skills -Develop agility, balance and co-ordination	Multi-skills -Develop agility, balance and co-ordination	Striking / Net Games -Understanding of a range of striking and net games (Tennis, Cricket, Rounder's) -Use skills effectively in each	Cricket / Tennis / Rounders -Have control in using bats and rackets to perform skills -Understand the role of fielding and awareness of space	Cricket / Tennis / Rounders -Increased control over a bat and racket -Understand the roles of each game -Use skills built up to be an affective player	Cricket / Tennis / Rounders -Increased control over a bat and racket -Understand the roles of each game -Use skills built up to be an affective player -Learn how to score and umpire games
		Dance - Perform dances using simple	Athletics	Athletics use running, jumping, throwing and catching in	Athletics Use running, jumping, throwing	Swimming -Swim competently, confidently and proficiently over a distance of at least	

		<p>movement patterns.</p> <p>-Remember and repeat simple dance phrases.</p> <p>-Animals</p> <p>Athletics – Sports day</p>	<p>-Agility, balance, coordination</p> <p>-Running, throwing, jumping</p> <p>-Competition</p>	<p>isolation and in combination.</p> <p>compare their performances with previous ones and demonstrate improvement to achieve their personal best.</p>	<p>and catching in isolation and in combination</p> <p>Compare their performances with previous ones and demonstrate improvement to achieve their personal best.</p>	<p>25 metres</p> <p>-Use a range of strokes effectively</p> <p>-Perform safe self-rescue in different water-based situations.</p> <p>OAA- Hill tops</p>
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